



# Tide Chart January 2019

for Puntarenas, Costa Rica  
visit [www.CRsurf.com](http://www.CRsurf.com) for tide charts, surf reports, and help with trip planning.

Day	High	Low	High	Low	High
Tue 01		04:56 1.15 ft	11:10 7.60 ft	17:09 1.41 ft	23:36 8.56 ft
Wed 02		05:59 1.07 ft	12:13 7.63 ft	18:10 1.48 ft	
Thu 03	00:32 8.60 ft	06:55 0.90 ft	13:09 7.77 ft	19:05 1.44 ft	
Fri 04	01:24 8.68 ft	07:45 0.69 ft	13:59 7.97 ft	19:55 1.34 ft	
Sat 05	02:10 8.77 ft	08:29 0.49 ft	14:44 8.17 ft	20:39 1.23 ft	
Sun 06	02:53 8.83 ft	09:09 0.34 ft	15:25 8.35 ft	21:20 1.14 ft	
Mon 07	03:33 8.85 ft	09:47 0.24 ft	16:05 8.47 ft	22:00 1.08 ft	
Tue 08	04:12 8.79 ft	10:24 0.23 ft	16:43 8.52 ft	22:39 1.07 ft	
Wed 09	04:50 8.66 ft	10:59 0.30 ft	17:21 8.49 ft	23:17 1.13 ft	
Thu 10	05:28 8.44 ft	11:36 0.48 ft	17:59 8.39 ft	23:56 1.25 ft	
Fri 11	06:07 8.14 ft	12:13 0.73 ft	18:37 8.24 ft		
Sat 12		00:37 1.40 ft	06:48 7.78 ft	12:50 1.03 ft	19:17 8.07 ft
Sun 13		01:20 1.57 ft	07:31 7.42 ft	13:31 1.34 ft	19:59 7.91 ft
Mon 14		02:07 1.72 ft	08:18 7.10 ft	14:16 1.61 ft	20:47 7.80 ft
Tue 15		02:58 1.79 ft	09:12 6.88 ft	15:06 1.80 ft	21:40 7.80 ft
Wed 16		03:56 1.74 ft	10:12 6.83 ft	16:04 1.85 ft	22:38 7.93 ft
Thu 17		04:57 1.51 ft	11:15 7.01 ft	17:06 1.71 ft	23:37 8.23 ft
Fri 18		05:58 1.10 ft	12:16 7.41 ft	18:08 1.38 ft	
Sat 19	00:36 8.66 ft	06:55 0.56 ft	13:14 7.98 ft	19:08 0.89 ft	
Sun 20	01:31 9.15 ft	07:49 -0.04 ft	14:07 8.63 ft	20:05 0.34 ft	
Mon 21	02:24 9.62 ft	08:40 -0.59 ft	14:59 9.25 ft	20:58 -0.17 ft	
Tue 22	03:15 9.98 ft	09:29 -1.01 ft	15:48 9.76 ft	21:50 -0.54 ft	
Wed 23	04:06 10.15 ft	10:18 -1.25 ft	16:37 10.08 ft	22:41 -0.72 ft	
Thu 24	04:56 10.10 ft	11:06 -1.24 ft	17:27 10.16 ft	23:33 -0.67 ft	
Fri 25	05:46 9.82 ft	11:55 -0.99 ft	18:17 10.01 ft		
Sat 26		00:25 -0.40 ft	06:38 9.34 ft	12:44 -0.54 ft	19:09 9.66 ft
Sun 27		01:19 0.02 ft	07:32 8.73 ft	13:36 0.06 ft	20:03 9.18 ft
Mon 28		02:16 0.52 ft	08:30 8.08 ft	14:32 0.72 ft	21:01 8.67 ft
Tue 29		03:17 0.99 ft	09:33 7.53 ft	15:33 1.31 ft	22:03 8.24 ft
Wed 30		04:24 1.30 ft	10:41 7.18 ft	16:38 1.73 ft	23:07 7.97 ft
Thu 31		05:31 1.40 ft	11:48 7.09 ft	17:45 1.91 ft	