



Tide Chart July 2019

for Puntarenas, Costa Rica
visit www.CRsurl.com for tide charts, surf reports, and help with trip planning.

Day	High	Low	High	Low	High
Mon 01	01:20 AM 7.87 ft	07:10 AM 1.35 ft	01:33 PM 9.04 ft	07:50 PM 0.45 ft	
Tue 02	02:08 AM 8.33 ft	08:01 AM 0.96 ft	02:21 PM 9.42 ft	08:37 PM 0.01 ft	
Wed 03	02:56 AM 8.80 ft	08:51 AM 0.58 ft	03:09 PM 9.71 ft	09:24 PM -0.34 ft	
Thu 04	03:43 AM 9.21 ft	09:40 AM 0.28 ft	03:57 PM 9.88 ft	10:11 PM -0.56 ft	
Fri 05	04:31 AM 9.52 ft	10:30 AM 0.09 ft	04:46 PM 9.88 ft	10:58 PM -0.61 ft	
Sat 06	05:20 AM 9.69 ft	11:22 AM 0.06 ft	05:37 PM 9.71 ft	11:47 PM -0.49 ft	
Sun 07	06:10 AM 9.71 ft	12:15 PM 0.16 ft	06:29 PM 9.39 ft		
Mon 08		12:38 AM -0.22 ft	07:03 AM 9.60 ft	01:11 PM 0.39 ft	07:25 PM 8.96 ft
Tue 09		01:31 AM 0.17 ft	07:59 AM 9.39 ft	02:10 PM 0.66 ft	08:24 PM 8.52 ft
Wed 10		02:28 AM 0.60 ft	08:57 AM 9.15 ft	03:12 PM 0.92 ft	09:27 PM 8.13 ft
Thu 11		03:28 AM 1.01 ft	09:58 AM 8.94 ft	04:17 PM 1.08 ft	10:32 PM 7.88 ft
Fri 12		04:31 AM 1.32 ft	11:00 AM 8.81 ft	05:21 PM 1.11 ft	11:37 PM 7.80 ft
Sat 13		05:34 AM 1.48 ft	12:00 PM 8.78 ft	06:22 PM 1.01 ft	
Sun 14	12:37 AM 7.88 ft	06:35 AM 1.51 ft	12:55 PM 8.82 ft	07:17 PM 0.84 ft	
Mon 15	01:33 AM 8.06 ft	07:29 AM 1.45 ft	01:47 PM 8.89 ft	08:06 PM 0.65 ft	
Tue 16	02:22 AM 8.28 ft	08:19 AM 1.35 ft	02:33 PM 8.95 ft	08:51 PM 0.49 ft	
Wed 17	03:07 AM 8.48 ft	09:04 AM 1.24 ft	03:17 PM 8.97 ft	09:32 PM 0.38 ft	
Thu 18	03:49 AM 8.63 ft	09:46 AM 1.17 ft	03:58 PM 8.94 ft	10:10 PM 0.35 ft	
Fri 19	04:29 AM 8.72 ft	10:27 AM 1.14 ft	04:38 PM 8.83 ft	10:47 PM 0.40 ft	
Sat 20	05:08 AM 8.73 ft	11:06 AM 1.18 ft	05:17 PM 8.64 ft	11:24 PM 0.55 ft	
Sun 21	05:47 AM 8.66 ft	11:45 AM 1.27 ft	05:56 PM 8.38 ft		
Mon 22		12:01 AM 0.78 ft	06:25 AM 8.53 ft	12:26 PM 1.42 ft	06:36 PM 8.05 ft
Tue 23		12:39 AM 1.07 ft	07:04 AM 8.34 ft	01:07 PM 1.60 ft	07:19 PM 7.69 ft
Wed 24		01:18 AM 1.40 ft	07:46 AM 8.15 ft	01:52 PM 1.77 ft	08:04 PM 7.34 ft
Thu 25		02:00 AM 1.71 ft	08:30 AM 7.99 ft	02:41 PM 1.90 ft	08:54 PM 7.07 ft
Fri 26		02:47 AM 1.96 ft	09:20 AM 7.90 ft	03:35 PM 1.94 ft	09:51 PM 6.93 ft
Sat 27		03:41 AM 2.10 ft	10:15 AM 7.93 ft	04:33 PM 1.83 ft	10:51 PM 6.99 ft
Sun 28		04:40 AM 2.07 ft	11:13 AM 8.11 ft	05:32 PM 1.54 ft	11:52 PM 7.28 ft
Mon 29		05:42 AM 1.84 ft	12:10 PM 8.44 ft	06:30 PM 1.10 ft	
Tue 30	12:49 AM 7.76 ft	06:42 AM 1.43 ft	01:06 PM 8.88 ft	07:24 PM 0.56 ft	
Wed 31	01:43 AM 8.37 ft	07:39 AM 0.90 ft	01:59 PM 9.35 ft	08:15 PM -0.00 ft	