



# Tide Chart October 2019

for Puntarenas, Costa Rica  
visit [www.CRsurf.com](http://www.CRsurf.com) for tide charts, surf reports, and help with trip planning.

Day	High	Low	High	Low	High
Tue 01	04:14 AM 10.72 ft	10:25 AM -1.30 ft	04:39 PM 10.02 ft	10:41 PM -0.97 ft	
Wed 02	05:00 AM 10.51 ft	11:12 AM -1.03 ft	05:27 PM 9.64 ft	11:28 PM -0.51 ft	
Thu 03	05:48 AM 10.02 ft	12:00 PM -0.52 ft	06:17 PM 9.06 ft		
Fri 04		12:17 AM 0.15 ft	06:38 AM 9.33 ft	12:51 PM 0.14 ft	07:10 PM 8.39 ft
Sat 05		01:10 AM 0.90 ft	07:32 AM 8.56 ft	01:46 PM 0.84 ft	08:09 PM 7.75 ft
Sun 06		02:08 AM 1.62 ft	08:32 AM 7.86 ft	02:49 PM 1.43 ft	09:16 PM 7.29 ft
Mon 07		03:16 AM 2.15 ft	09:39 AM 7.36 ft	03:58 PM 1.79 ft	10:26 PM 7.12 ft
Tue 08		04:31 AM 2.35 ft	10:49 AM 7.17 ft	05:07 PM 1.86 ft	11:32 PM 7.23 ft
Wed 09		05:41 AM 2.22 ft	11:52 AM 7.26 ft	06:07 PM 1.70 ft	
Thu 10	12:27 AM 7.54 ft	06:37 AM 1.88 ft	12:45 PM 7.52 ft	06:55 PM 1.43 ft	
Fri 11	01:12 AM 7.93 ft	07:21 AM 1.46 ft	01:30 PM 7.85 ft	07:35 PM 1.12 ft	
Sat 12	01:51 AM 8.33 ft	07:59 AM 1.02 ft	02:09 PM 8.17 ft	08:11 PM 0.84 ft	
Sun 13	02:27 AM 8.70 ft	08:35 AM 0.62 ft	02:46 PM 8.43 ft	08:45 PM 0.61 ft	
Mon 14	03:01 AM 8.99 ft	09:09 AM 0.30 ft	03:21 PM 8.60 ft	09:18 PM 0.47 ft	
Tue 15	03:34 AM 9.17 ft	09:42 AM 0.10 ft	03:56 PM 8.64 ft	09:51 PM 0.44 ft	
Wed 16	04:08 AM 9.22 ft	10:17 AM 0.04 ft	04:31 PM 8.57 ft	10:25 PM 0.52 ft	
Thu 17	04:42 AM 9.15 ft	10:52 AM 0.11 ft	05:07 PM 8.38 ft	11:01 PM 0.70 ft	
Fri 18	05:18 AM 8.95 ft	11:30 AM 0.32 ft	05:45 PM 8.13 ft	11:39 PM 0.95 ft	
Sat 19	05:57 AM 8.64 ft	12:10 PM 0.61 ft	06:27 PM 7.84 ft		
Sun 20		12:23 AM 1.26 ft	06:41 AM 8.28 ft	12:56 PM 0.94 ft	07:16 PM 7.57 ft
Mon 21		01:13 AM 1.57 ft	07:34 AM 7.90 ft	01:50 PM 1.25 ft	08:15 PM 7.40 ft
Tue 22		02:15 AM 1.79 ft	08:38 AM 7.62 ft	02:53 PM 1.43 ft	09:23 PM 7.45 ft
Wed 23		03:26 AM 1.79 ft	09:51 AM 7.58 ft	04:02 PM 1.38 ft	10:33 PM 7.79 ft
Thu 24		04:40 AM 1.48 ft	11:03 AM 7.83 ft	05:10 PM 1.06 ft	11:38 PM 8.37 ft
Fri 25		05:48 AM 0.91 ft	12:07 PM 8.31 ft	06:12 PM 0.57 ft	
Sat 26	12:36 AM 9.07 ft	06:48 AM 0.22 ft	01:04 PM 8.86 ft	07:07 PM 0.03 ft	
Sun 27	01:28 AM 9.74 ft	07:41 AM -0.43 ft	01:56 PM 9.36 ft	07:58 PM -0.42 ft	
Mon 28	02:17 AM 10.26 ft	08:31 AM -0.91 ft	02:45 PM 9.71 ft	08:46 PM -0.69 ft	
Tue 29	03:05 AM 10.54 ft	09:18 AM -1.16 ft	03:32 PM 9.84 ft	09:33 PM -0.73 ft	
Wed 30	03:51 AM 10.54 ft	10:04 AM -1.15 ft	04:19 PM 9.74 ft	10:19 PM -0.52 ft	
Thu 31	04:37 AM 10.27 ft	10:50 AM -0.88 ft	05:07 PM 9.42 ft	11:06 PM -0.08 ft	