



Costa Rica Tide Chart

July 2021

For Puntarenas, Costa Rica

Visit www.CRsurf.com for tide charts, surf reports, and help with trip planning.

NEW MOON - July 9th

FULL MOON - July 23rd

		High	Low	High	Low	High
Date	Day	Time/Height	Time/Height	Time/Height	Time/Height	Time/Height
Jul 1	Thu		01:30 / 0.75 ft	07:58 / 8.68 ft	14:07 / 1.46 ft	20:18 / 7.85 ft
Jul 2	Fri		02:21 / 1.26 ft	08:51 / 8.36 ft	15:04 / 1.76 ft	21:14 / 7.41 ft
Jul 3	Sat		03:14 / 1.72 ft	09:45 / 8.11 ft	16:02 / 1.94 ft	22:13 / 7.11 ft
Jul 4	Sun		04:08 / 2.06 ft	10:39 / 7.96 ft	16:59 / 1.97 ft	23:11 / 6.98 ft
Jul 5	Mon		05:03 / 2.26 ft	11:31 / 7.93 ft	17:53 / 1.87 ft	
Jul 6	Tue	00:07 / 7.01 ft	05:56 / 2.32 ft	12:20 / 8.00 ft	18:43 / 1.66 ft	
Jul 7	Wed	00:58 / 7.18 ft	06:46 / 2.25 ft	13:07 / 8.16 ft	19:29 / 1.38 ft	
Jul 8	Thu	01:45 / 7.43 ft	07:33 / 2.08 ft	13:51 / 8.36 ft	20:11 / 1.09 ft	
Jul 9	Fri	02:29 / 7.71 ft	08:18 / 1.86 ft	14:34 / 8.56 ft	20:51 / 0.82 ft	
Jul 10	Sat	03:10 / 8.01 ft	09:00 / 1.61 ft	15:15 / 8.73 ft	21:30 / 0.60 ft	
Jul 11	Sun	03:49 / 8.27 ft	09:42 / 1.39 ft	15:56 / 8.83 ft	22:08 / 0.46 ft	
Jul 12	Mon	04:28 / 8.50 ft	10:23 / 1.20 ft	16:36 / 8.84 ft	22:46 / 0.39 ft	
Jul 13	Tue	05:07 / 8.67 ft	11:04 / 1.06 ft	17:17 / 8.77 ft	23:25 / 0.41 ft	
Jul 14	Wed	05:46 / 8.80 ft	11:47 / 0.99 ft	17:59 / 8.62 ft		
Jul 15	Thu		00:05 / 0.49 ft	06:28 / 8.87 ft	12:31 / 0.98 ft	18:43 / 8.41 ft
Jul 16	Fri		00:47 / 0.64 ft	07:12 / 8.89 ft	13:19 / 1.02 ft	19:31 / 8.16 ft
Jul 17	Sat		01:33 / 0.83 ft	08:00 / 8.87 ft	14:12 / 1.09 ft	20:24 / 7.92 ft
Jul 18	Sun		02:24 / 1.03 ft	08:53 / 8.83 ft	15:09 / 1.14 ft	21:23 / 7.73 ft
Jul 19	Mon		03:21 / 1.21 ft	09:52 / 8.83 ft	16:11 / 1.11 ft	22:28 / 7.69 ft
Jul 20	Tue		04:23 / 1.31 ft	10:55 / 8.89 ft	17:16 / 0.95 ft	23:34 / 7.83 ft
Jul 21	Wed		05:29 / 1.27 ft	11:58 / 9.05 ft	18:20 / 0.67 ft	
Jul 22	Thu	00:38 / 8.15 ft	06:35 / 1.08 ft	13:00 / 9.28 ft	19:20 / 0.30 ft	
Jul 23	Fri	01:39 / 8.57 ft	07:37 / 0.80 ft	13:57 / 9.52 ft	20:16 / -0.05 ft	
Jul 24	Sat	02:34 / 9.01 ft	08:34 / 0.52 ft	14:51 / 9.70 ft	21:07 / -0.32 ft	
Jul 25	Sun	03:26 / 9.36 ft	09:28 / 0.31 ft	15:42 / 9.74 ft	21:56 / -0.44 ft	
Jul 26	Mon	04:15 / 9.58 ft	10:19 / 0.23 ft	16:31 / 9.63 ft	22:42 / -0.39 ft	
Jul 27	Tue	05:03 / 9.62 ft	11:07 / 0.31 ft	17:18 / 9.36 ft	23:27 / -0.16 ft	
Jul 28	Wed	05:49 / 9.48 ft	11:54 / 0.54 ft	18:04 / 8.94 ft		
Jul 29	Thu		00:10 / 0.22 ft	06:34 / 9.20 ft	12:40 / 0.87 ft	18:50 / 8.43 ft
Jul 30	Fri		00:54 / 0.72 ft	07:19 / 8.81 ft	13:27 / 1.26 ft	19:38 / 7.88 ft
Jul 31	Sat		01:37 / 1.26 ft	08:05 / 8.38 ft	14:16 / 1.65 ft	20:28 / 7.35 ft