



Costa Rica Tide Chart

January 2022

Puntarenas, Costa Rica

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NEW MOON - January 2nd and 31st FULL MOON - January 17th

Date	Day	High Time/Height	Low Time/Height	High Time/Height	Low Time/Height	High Time/Height
Jan 1	Sat	00:46 / 9.27 ft	07:07 / 0.16 ft	13:24 / 8.36 ft	19:20 / 0.61 ft	
Jan 2	Sun	01:42 / 9.63 ft	08:02 / -0.30 ft	14:20 / 8.86 ft	20:18 / 0.26 ft	
Jan 3	Mon	02:37 / 9.90 ft	08:55 / -0.66 ft	15:14 / 9.28 ft	21:13 / -0.00 ft	
Jan 4	Tue	03:30 / 10.02 ft	09:46 / -0.86 ft	16:06 / 9.57 ft	22:07 / -0.12 ft	
Jan 5	Wed	04:22 / 9.95 ft	10:36 / -0.87 ft	16:57 / 9.68 ft	23:00 / -0.07 ft	
Jan 6	Thu	05:13 / 9.68 ft	11:26 / -0.68 ft	17:47 / 9.61 ft	23:52 / 0.14 ft	
Jan 7	Fri	06:05 / 9.25 ft	12:14 / -0.30 ft	18:38 / 9.36 ft		
Jan 8	Sat		00:45 / 0.49 ft	06:56 / 8.69 ft	13:03 / 0.21 ft	19:29 / 9.00 ft
Jan 9	Sun		01:39 / 0.91 ft	07:50 / 8.08 ft	13:53 / 0.79 ft	20:22 / 8.58 ft
Jan 10	Mon		02:34 / 1.32 ft	08:46 / 7.51 ft	14:46 / 1.36 ft	21:16 / 8.18 ft
Jan 11	Tue		03:33 / 1.65 ft	09:45 / 7.06 ft	15:41 / 1.85 ft	22:13 / 7.88 ft
Jan 12	Wed		04:34 / 1.83 ft	10:47 / 6.79 ft	16:40 / 2.18 ft	23:09 / 7.71 ft
Jan 13	Thu		05:35 / 1.83 ft	11:49 / 6.73 ft	17:39 / 2.33 ft	
Jan 14	Fri	00:04 / 7.70 ft	06:30 / 1.67 ft	12:45 / 6.87 ft	18:34 / 2.30 ft	
Jan 15	Sat	00:54 / 7.81 ft	07:19 / 1.41 ft	13:35 / 7.12 ft	19:25 / 2.12 ft	
Jan 16	Sun	01:41 / 8.01 ft	08:03 / 1.09 ft	14:20 / 7.45 ft	20:10 / 1.85 ft	
Jan 17	Mon	02:24 / 8.24 ft	08:43 / 0.78 ft	15:00 / 7.79 ft	20:52 / 1.55 ft	
Jan 18	Tue	03:05 / 8.46 ft	09:20 / 0.50 ft	15:39 / 8.11 ft	21:32 / 1.26 ft	
Jan 19	Wed	03:44 / 8.61 ft	09:57 / 0.31 ft	16:16 / 8.37 ft	22:11 / 1.01 ft	
Jan 20	Thu	04:22 / 8.67 ft	10:32 / 0.21 ft	16:52 / 8.57 ft	22:49 / 0.83 ft	
Jan 21	Fri	05:00 / 8.63 ft	11:07 / 0.20 ft	17:28 / 8.69 ft	23:28 / 0.74 ft	
Jan 22	Sat	05:38 / 8.49 ft	11:43 / 0.28 ft	18:04 / 8.74 ft		
Jan 23	Sun		00:08 / 0.73 ft	06:18 / 8.26 ft	12:21 / 0.43 ft	18:43 / 8.73 ft
Jan 24	Mon		00:50 / 0.79 ft	07:00 / 7.97 ft	13:01 / 0.64 ft	19:26 / 8.65 ft
Jan 25	Tue		01:37 / 0.92 ft	07:47 / 7.65 ft	13:46 / 0.89 ft	20:14 / 8.52 ft
Jan 26	Wed		02:30 / 1.07 ft	08:41 / 7.36 ft	14:39 / 1.16 ft	21:10 / 8.39 ft
Jan 27	Thu		03:30 / 1.17 ft	09:45 / 7.17 ft	15:40 / 1.37 ft	22:14 / 8.32 ft
Jan 28	Fri		04:36 / 1.13 ft	10:55 / 7.19 ft	16:50 / 1.43 ft	23:22 / 8.41 ft
Jan 29	Sat		05:46 / 0.90 ft	12:06 / 7.49 ft	18:01 / 1.25 ft	
Jan 30	Sun	00:29 / 8.66 ft	06:51 / 0.49 ft	13:11 / 8.00 ft	19:09 / 0.88 ft	
Jan 31	Mon	01:31 / 9.02 ft	07:50 / -0.01 ft	14:10 / 8.60 ft	20:10 / 0.41 ft	