



Costa Rica Tide Chart

January 2023

Puntarenas, Costa Rica

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FULL MOON - January 6th NEW MOON - January 21st

		High	Low	High	Low	High
Date	Day	Time/Height	Time/Height	Time/Height	Time/Height	Time/Height
Jan 1	Sun		04:11 / 1.30 ft	10:23 / 7.40 ft	16:21 / 1.55 ft	22:50 / 8.37 ft
Jan 2	Mon		05:15 / 1.38 ft	11:27 / 7.24 ft	17:23 / 1.80 ft	23:49 / 8.27 ft
Jan 3	Tue		06:15 / 1.32 ft	12:28 / 7.25 ft	18:21 / 1.90 ft	
Jan 4	Wed	00:43 / 8.26 ft	07:08 / 1.17 ft	13:22 / 7.39 ft	19:15 / 1.87 ft	
Jan 5	Thu	01:32 / 8.31 ft	07:55 / 0.98 ft	14:10 / 7.60 ft	20:03 / 1.77 ft	
Jan 6	Fri	02:17 / 8.40 ft	08:37 / 0.77 ft	14:54 / 7.82 ft	20:46 / 1.63 ft	
Jan 7	Sat	02:58 / 8.49 ft	09:16 / 0.59 ft	15:34 / 8.04 ft	21:27 / 1.47 ft	
Jan 8	Sun	03:38 / 8.54 ft	09:53 / 0.47 ft	16:12 / 8.22 ft	22:06 / 1.35 ft	
Jan 9	Mon	04:17 / 8.53 ft	10:29 / 0.42 ft	16:49 / 8.33 ft	22:45 / 1.27 ft	
Jan 10	Tue	04:55 / 8.44 ft	11:04 / 0.47 ft	17:26 / 8.36 ft	23:23 / 1.25 ft	
Jan 11	Wed	05:33 / 8.25 ft	11:39 / 0.61 ft	18:02 / 8.33 ft		
Jan 12	Thu		00:01 / 1.29 ft	06:11 / 7.99 ft	12:15 / 0.82 ft	18:39 / 8.25 ft
Jan 13	Fri		00:41 / 1.38 ft	06:50 / 7.68 ft	12:52 / 1.07 ft	19:17 / 8.15 ft
Jan 14	Sat		01:23 / 1.50 ft	07:32 / 7.35 ft	13:31 / 1.33 ft	19:59 / 8.05 ft
Jan 15	Sun		02:10 / 1.60 ft	08:19 / 7.05 ft	14:16 / 1.57 ft	20:46 / 7.98 ft
Jan 16	Mon		03:02 / 1.66 ft	09:14 / 6.84 ft	15:07 / 1.75 ft	21:40 / 7.97 ft
Jan 17	Tue		04:01 / 1.61 ft	10:16 / 6.79 ft	16:07 / 1.82 ft	22:41 / 8.07 ft
Jan 18	Wed		05:05 / 1.41 ft	11:23 / 6.97 ft	17:13 / 1.70 ft	23:45 / 8.32 ft
Jan 19	Thu		06:08 / 1.02 ft	12:28 / 7.40 ft	18:20 / 1.38 ft	
Jan 20	Fri	00:47 / 8.71 ft	07:09 / 0.50 ft	13:28 / 8.00 ft	19:23 / 0.90 ft	
Jan 21	Sat	01:46 / 9.16 ft	08:04 / -0.07 ft	14:24 / 8.67 ft	20:22 / 0.35 ft	
Jan 22	Sun	02:41 / 9.57 ft	08:57 / -0.59 ft	15:16 / 9.29 ft	21:17 / -0.13 ft	
Jan 23	Mon	03:33 / 9.86 ft	09:47 / -0.96 ft	16:06 / 9.78 ft	22:10 / -0.46 ft	
Jan 24	Tue	04:24 / 9.96 ft	10:35 / -1.11 ft	16:55 / 10.04 ft	23:01 / -0.58 ft	
Jan 25	Wed	05:14 / 9.82 ft	11:23 / -1.02 ft	17:44 / 10.06 ft	23:52 / -0.46 ft	
Jan 26	Thu	06:03 / 9.46 ft	12:10 / -0.69 ft	18:33 / 9.83 ft		
Jan 27	Fri		00:43 / -0.13 ft	06:54 / 8.91 ft	12:58 / -0.16 ft	19:23 / 9.40 ft
Jan 28	Sat		01:35 / 0.35 ft	07:47 / 8.25 ft	13:48 / 0.50 ft	20:15 / 8.85 ft
Jan 29	Sun		02:31 / 0.88 ft	08:43 / 7.59 ft	14:42 / 1.19 ft	21:12 / 8.29 ft
Jan 30	Mon		03:31 / 1.35 ft	09:46 / 7.04 ft	15:41 / 1.80 ft	22:12 / 7.83 ft
Jan 31	Tue		04:37 / 1.66 ft	10:54 / 6.71 ft	16:47 / 2.22 ft	23:16 / 7.55 ft