



Costa Rica Tide Chart

July 2023

Puntarenas, Costa Rica

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FULL MOON - July 3rd NEW MOON - July 17th

Date	Day	High Time/Height	Low Time/Height	High Time/Height	Low Time/Height	High Time/Height
Jul 1	Sat	00:31 / 7.41 ft	06:19 / 1.68 ft	12:45 / 8.77 ft	19:07 / 0.82 ft	
Jul 2	Sun	01:24 / 7.85 ft	07:15 / 1.33 ft	13:38 / 9.14 ft	19:58 / 0.37 ft	
Jul 3	Mon	02:16 / 8.34 ft	08:09 / 0.94 ft	14:29 / 9.48 ft	20:48 / -0.05 ft	
Jul 4	Tue	03:06 / 8.84 ft	09:03 / 0.57 ft	15:21 / 9.72 ft	21:37 / -0.36 ft	
Jul 5	Wed	03:57 / 9.26 ft	09:56 / 0.28 ft	16:12 / 9.82 ft	22:26 / -0.53 ft	
Jul 6	Thu	04:47 / 9.57 ft	10:49 / 0.13 ft	17:04 / 9.76 ft	23:16 / -0.53 ft	
Jul 7	Fri	05:38 / 9.73 ft	11:42 / 0.13 ft	17:56 / 9.52 ft		
Jul 8	Sat		00:06 / -0.35 ft	06:30 / 9.72 ft	12:37 / 0.27 ft	18:50 / 9.14 ft
Jul 9	Sun		00:57 / -0.02 ft	07:23 / 9.56 ft	13:33 / 0.53 ft	19:46 / 8.67 ft
Jul 10	Mon		01:51 / 0.43 ft	08:18 / 9.29 ft	14:32 / 0.84 ft	20:45 / 8.19 ft
Jul 11	Tue		02:46 / 0.92 ft	09:16 / 8.99 ft	15:34 / 1.13 ft	21:47 / 7.77 ft
Jul 12	Wed		03:46 / 1.37 ft	10:16 / 8.71 ft	16:38 / 1.32 ft	22:52 / 7.51 ft
Jul 13	Thu		04:48 / 1.73 ft	11:16 / 8.51 ft	17:41 / 1.37 ft	23:55 / 7.42 ft
Jul 14	Fri		05:50 / 1.93 ft	12:14 / 8.42 ft	18:40 / 1.31 ft	
Jul 15	Sat	00:55 / 7.50 ft	06:49 / 1.97 ft	13:08 / 8.42 ft	19:33 / 1.16 ft	
Jul 16	Sun	01:48 / 7.68 ft	07:43 / 1.91 ft	13:58 / 8.48 ft	20:20 / 0.97 ft	
Jul 17	Mon	02:36 / 7.92 ft	08:30 / 1.78 ft	14:43 / 8.55 ft	21:01 / 0.79 ft	
Jul 18	Tue	03:19 / 8.16 ft	09:14 / 1.62 ft	15:25 / 8.62 ft	21:40 / 0.65 ft	
Jul 19	Wed	03:59 / 8.36 ft	09:54 / 1.48 ft	16:05 / 8.63 ft	22:17 / 0.58 ft	
Jul 20	Thu	04:37 / 8.51 ft	10:33 / 1.37 ft	16:43 / 8.58 ft	22:52 / 0.60 ft	
Jul 21	Fri	05:13 / 8.58 ft	11:12 / 1.32 ft	17:21 / 8.44 ft	23:28 / 0.70 ft	
Jul 22	Sat	05:50 / 8.58 ft	11:50 / 1.34 ft	17:59 / 8.21 ft		
Jul 23	Sun		00:03 / 0.90 ft	06:26 / 8.50 ft	12:29 / 1.43 ft	18:38 / 7.91 ft
Jul 24	Mon		00:38 / 1.16 ft	07:03 / 8.38 ft	13:09 / 1.56 ft	19:18 / 7.57 ft
Jul 25	Tue		01:16 / 1.44 ft	07:42 / 8.24 ft	13:53 / 1.70 ft	20:02 / 7.25 ft
Jul 26	Wed		01:57 / 1.72 ft	08:26 / 8.10 ft	14:41 / 1.82 ft	20:52 / 6.98 ft
Jul 27	Thu		02:44 / 1.96 ft	09:16 / 8.02 ft	15:36 / 1.86 ft	21:49 / 6.85 ft
Jul 28	Fri		03:40 / 2.10 ft	10:13 / 8.03 ft	16:36 / 1.77 ft	22:54 / 6.92 ft
Jul 29	Sat		04:43 / 2.08 ft	11:16 / 8.18 ft	17:39 / 1.49 ft	23:59 / 7.24 ft
Jul 30	Sun		05:50 / 1.85 ft	12:18 / 8.49 ft	18:40 / 1.04 ft	
Jul 31	Mon	01:00 / 7.78 ft	06:54 / 1.41 ft	13:18 / 8.92 ft	19:37 / 0.49 ft	