



Costa Rica Tide Chart

June 2023

Puntarenas, Costa Rica

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FULL MOON - June 3rd NEW MOON - June 17th

Date	Day	High Time/Height	Low Time/Height	High Time/Height	Low Time/Height	High Time/Height
Jun 1	Thu	00:23 / 7.26 ft	06:13 / 1.65 ft	12:37 / 8.43 ft	18:55 / 0.96 ft	
Jun 2	Fri	01:10 / 7.61 ft	06:59 / 1.34 ft	13:21 / 8.84 ft	19:39 / 0.51 ft	
Jun 3	Sat	01:55 / 7.98 ft	07:45 / 1.03 ft	14:06 / 9.21 ft	20:23 / 0.11 ft	
Jun 4	Sun	02:39 / 8.33 ft	08:31 / 0.74 ft	14:51 / 9.48 ft	21:08 / -0.18 ft	
Jun 5	Mon	03:25 / 8.63 ft	09:18 / 0.53 ft	15:37 / 9.61 ft	21:54 / -0.35 ft	
Jun 6	Tue	04:12 / 8.85 ft	10:08 / 0.43 ft	16:25 / 9.59 ft	22:41 / -0.36 ft	
Jun 7	Wed	05:01 / 8.96 ft	10:59 / 0.45 ft	17:15 / 9.40 ft	23:30 / -0.24 ft	
Jun 8	Thu	05:52 / 8.99 ft	11:53 / 0.57 ft	18:09 / 9.09 ft		
Jun 9	Fri		00:22 / 0.01 ft	06:46 / 8.93 ft	12:50 / 0.76 ft	19:06 / 8.70 ft
Jun 10	Sat		01:16 / 0.33 ft	07:44 / 8.85 ft	13:52 / 0.96 ft	20:07 / 8.31 ft
Jun 11	Sun		02:14 / 0.66 ft	08:44 / 8.77 ft	14:56 / 1.10 ft	21:10 / 7.99 ft
Jun 12	Mon		03:15 / 0.95 ft	09:45 / 8.74 ft	16:02 / 1.14 ft	22:16 / 7.81 ft
Jun 13	Tue		04:17 / 1.15 ft	10:46 / 8.78 ft	17:06 / 1.06 ft	23:19 / 7.76 ft
Jun 14	Wed		05:17 / 1.27 ft	11:44 / 8.85 ft	18:05 / 0.91 ft	
Jun 15	Thu	00:18 / 7.82 ft	06:15 / 1.30 ft	12:38 / 8.93 ft	19:00 / 0.74 ft	
Jun 16	Fri	01:13 / 7.94 ft	07:08 / 1.30 ft	13:28 / 8.99 ft	19:49 / 0.58 ft	
Jun 17	Sat	02:03 / 8.08 ft	07:57 / 1.29 ft	14:14 / 9.01 ft	20:35 / 0.47 ft	
Jun 18	Sun	02:50 / 8.20 ft	08:43 / 1.30 ft	14:58 / 8.97 ft	21:17 / 0.41 ft	
Jun 19	Mon	03:34 / 8.29 ft	09:27 / 1.33 ft	15:41 / 8.88 ft	21:58 / 0.42 ft	
Jun 20	Tue	04:17 / 8.32 ft	10:10 / 1.40 ft	16:23 / 8.72 ft	22:37 / 0.50 ft	
Jun 21	Wed	04:58 / 8.31 ft	10:52 / 1.50 ft	17:04 / 8.49 ft	23:17 / 0.66 ft	
Jun 22	Thu	05:40 / 8.24 ft	11:35 / 1.63 ft	17:46 / 8.22 ft	23:56 / 0.88 ft	
Jun 23	Fri	06:21 / 8.14 ft	12:18 / 1.78 ft	18:28 / 7.91 ft		
Jun 24	Sat		00:36 / 1.14 ft	07:03 / 8.02 ft	13:02 / 1.92 ft	19:13 / 7.59 ft
Jun 25	Sun		01:17 / 1.43 ft	07:46 / 7.91 ft	13:49 / 2.03 ft	20:00 / 7.29 ft
Jun 26	Mon		02:00 / 1.70 ft	08:31 / 7.84 ft	14:39 / 2.08 ft	20:50 / 7.05 ft
Jun 27	Tue		02:46 / 1.92 ft	09:18 / 7.84 ft	15:31 / 2.05 ft	21:43 / 6.91 ft
Jun 28	Wed		03:35 / 2.05 ft	10:08 / 7.93 ft	16:25 / 1.90 ft	22:39 / 6.92 ft
Jun 29	Thu		04:28 / 2.06 ft	11:00 / 8.13 ft	17:20 / 1.63 ft	23:35 / 7.09 ft
Jun 30	Fri		05:23 / 1.93 ft	11:53 / 8.41 ft	18:14 / 1.26 ft	