



Costa Rica Tide Chart

March 2023

Puntarenas, Costa Rica

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FULL MOON - March 7th NEW MOON - March 21st

		High	Low	High	Low	High
Date	Day	Time/Height	Time/Height	Time/Height	Time/Height	Time/Height
Mar 1	Wed		03:55 / 1.83 ft	10:19 / 6.36 ft	16:11 / 2.48 ft	22:41 / 6.90 ft
Mar 2	Thu		05:08 / 1.98 ft	11:33 / 6.32 ft	17:28 / 2.59 ft	23:49 / 6.87 ft
Mar 3	Fri		06:16 / 1.83 ft	12:37 / 6.60 ft	18:36 / 2.36 ft	
Mar 4	Sat	00:49 / 7.08 ft	07:10 / 1.50 ft	13:28 / 7.03 ft	19:29 / 1.94 ft	
Mar 5	Sun	01:38 / 7.43 ft	07:54 / 1.10 ft	14:10 / 7.53 ft	20:11 / 1.44 ft	
Mar 6	Mon	02:20 / 7.81 ft	08:30 / 0.71 ft	14:47 / 8.01 ft	20:49 / 0.94 ft	
Mar 7	Tue	02:58 / 8.15 ft	09:04 / 0.38 ft	15:20 / 8.43 ft	21:23 / 0.51 ft	
Mar 8	Wed	03:33 / 8.39 ft	09:36 / 0.14 ft	15:53 / 8.75 ft	21:57 / 0.18 ft	
Mar 9	Thu	04:08 / 8.51 ft	10:08 / 0.02 ft	16:25 / 8.96 ft	22:31 / -0.01 ft	
Mar 10	Fri	04:42 / 8.48 ft	10:40 / 0.01 ft	16:58 / 9.03 ft	23:05 / -0.06 ft	
Mar 11	Sat	05:16 / 8.32 ft	11:13 / 0.12 ft	17:31 / 8.96 ft	23:41 / 0.05 ft	
Mar 12	Sun	05:52 / 8.05 ft	11:48 / 0.34 ft	18:07 / 8.77 ft		
Mar 13	Mon		00:19 / 0.29 ft	06:30 / 7.71 ft	12:26 / 0.66 ft	18:48 / 8.45 ft
Mar 14	Tue		01:03 / 0.62 ft	07:15 / 7.32 ft	13:12 / 1.04 ft	19:35 / 8.06 ft
Mar 15	Wed		01:54 / 0.99 ft	08:10 / 6.96 ft	14:07 / 1.44 ft	20:35 / 7.66 ft
Mar 16	Thu		02:56 / 1.30 ft	09:19 / 6.75 ft	15:17 / 1.72 ft	21:49 / 7.42 ft
Mar 17	Fri		04:10 / 1.38 ft	10:38 / 6.88 ft	16:38 / 1.68 ft	23:08 / 7.51 ft
Mar 18	Sat		05:26 / 1.13 ft	11:53 / 7.39 ft	17:56 / 1.25 ft	
Mar 19	Sun	00:19 / 7.91 ft	06:33 / 0.61 ft	12:56 / 8.13 ft	19:03 / 0.56 ft	
Mar 20	Mon	01:20 / 8.47 ft	07:30 / -0.01 ft	13:50 / 8.92 ft	19:59 / -0.15 ft	
Mar 21	Tue	02:14 / 9.01 ft	08:21 / -0.57 ft	14:39 / 9.58 ft	20:50 / -0.73 ft	
Mar 22	Wed	03:02 / 9.39 ft	09:07 / -0.94 ft	15:25 / 10.02 ft	21:36 / -1.08 ft	
Mar 23	Thu	03:48 / 9.55 ft	09:51 / -1.07 ft	16:09 / 10.17 ft	22:20 / -1.16 ft	
Mar 24	Fri	04:32 / 9.46 ft	10:34 / -0.92 ft	16:52 / 10.02 ft	23:04 / -0.95 ft	
Mar 25	Sat	05:16 / 9.11 ft	11:16 / -0.52 ft	17:35 / 9.60 ft	23:47 / -0.52 ft	
Mar 26	Sun	06:01 / 8.58 ft	11:59 / 0.08 ft	18:18 / 8.98 ft		
Mar 27	Mon		00:31 / 0.08 ft	06:46 / 7.92 ft	12:43 / 0.80 ft	19:04 / 8.25 ft
Mar 28	Tue		01:18 / 0.75 ft	07:37 / 7.25 ft	13:31 / 1.54 ft	19:54 / 7.52 ft
Mar 29	Wed		02:11 / 1.38 ft	08:36 / 6.68 ft	14:28 / 2.18 ft	20:54 / 6.91 ft
Mar 30	Thu		03:13 / 1.86 ft	09:44 / 6.34 ft	15:38 / 2.58 ft	22:04 / 6.56 ft
Mar 31	Fri		04:25 / 2.06 ft	10:57 / 6.34 ft	16:56 / 2.62 ft	23:15 / 6.54 ft